

# ACADEMY OF ACUPRESSURE AND ACUPUNCTURE RESEARCH

## - Chennai Circle

A one day camp on acupressure & acupuncture was organised by Academy of Acupressure and Acupuncture research on 6<sup>th</sup> November 2011 in Hotel Chennai Gateway (near Koyembedu ), Chennai .



The main focus of the Camp was to spread the awareness of Acupressure-single point solutions. *Dr.H.Bhojraj, a leading ,popular and successful specialist in this field, along with Mrs Krishnaveni and Mrs Ramya*, represented the Academy of acupressure and acupuncture and delivered the scintillating talk cum demonstration. The camp was well attended by people across various walks of life including patients treated by Dr.Bhojraj and kindled interest among all on knowing more about the

scientific method developed by Dr.Bhojraj. The solutions provided for most of the common ailments were exciting among audience and many got treated during the camp session.

On behalf of Chennai Circle of Academy of Acupressure and Acupuncture Research, organisers thanked one and all for making the camp a grand success.

### High lights of the camp:

Successful case studies /experiences were shared among the audience and Mrs.Krishnaveni narrated her experience with exclusive scientific method of Dr.Bhojraj ,in treating his father who was suffering from Parkinson disease and effectiveness of the treatment.

Dr.Bhojraj also enlightened the audience with other simple and effective concepts such as Oil pulling, meditation techniques, stress relieving exercises.

An announcement was made in the camp on the nomination of Mrs.Krishnaveni for conducting Advance Acupuncture Course in Chennai,under the able guidance of Dr.H.Bhojraj and enrolment for the same has commenced. The course is likely to start shortly. **For more details please contact Mrs Krishnaveni (09941058000)/drveni74@gmail.com.**

### Feed Back on the Session:

- 🚩 "The Simple way in which Dr Bhojraj explained the points was easy to understand. I am very thankful to the Organizers". - Mrs. B.Vidhya (BHMS)

- ✚ “The presentation and the Class Lecture given by the Doctor were excellent, very simple and easily understandable. It gave me an idea about key points in my body.” – Mr.Vaidheeswaran.D
  
  - ✚ “The course offered by the Doctor is very much useful for our daily walk of life and very particularly for our children and grand children. Heartiest thanks to the Doctor”- Mr.K.Subramani
  
  - ✚ “Orientation Course on Acupressure by Dr.Bhojraj, very useful and life saving tips to keep ourselves and family members, friends away from diseases, Very Good”- Mr.B.K.Ramesh
  
  - ✚ “Very very useful session, found it interesting”- Mr.P.S.Nagarajan.
  
  - ✚ “By attending the course, I was able to observe certain solutions in a different angle for treating the body- On the whole, a nice experience and exposure.”- Mr. M.R.Raghunathan.
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