



Acupressure & Acupuncture Camp

Sunday August 29 2010

Time: 1500 Hrs – 1800 Hrs

Venue: Prestige CASABLANCA APARTMENTS

Acupressure and Acupuncture (free camp) was organized By Ms.Yogini Mehta,a student of Dr.H.Bhojraj MD,ACU on 29th August 2010 between 1500 Hrs-1700 Hrs. She had made a wide publicity of the camp through e-mails /phone calls and the response to the effect was quite good. She had made elaborate arrangements for conducting the camp in her flat. Around 50 people took interest in attending the camp.

The camp commenced with an introduction to Dr.Bhojraj by Ms.Yogini Mehta followed by enlightening interactive talk by Dr.Bhojraj on Acupressure and Acupuncture with a stress on Single point solutions for most common ailments as preventive health care. During the talk,Dr.Bhojraj demonstrated how to activate various points for ailments. The talk was well received by audience. Following vote of thanks by Ms.Yogini Mehta, free acupuncture /acupressure treatment to patients was undertaken by Dr.H.Bhojraj for nearly 90 minutes. The response to the treatment was overwhelming. He treated patients for cramps, swelling foot, throat irritation, sinus, cold, knee pain, wrist pain, stomach ache, indigestion, vertigo problem, immunity, scare, sleepless problems etc. The treatment procedures were well recorded in format supplied to patients by Ms.Yogini Mehta .A request was made to Ms.Yogini to collect the feed back on treatment and send them across to Dr.Bhojraj for records and decide on further coarse of treatment if needed. Dr.Bhojraj has requested all to follow up with treatment with Ms.Yogini Mehta. At the end, all participants requested Dr.Bhojraj to have another meet in the same venue.

Ms.Yogini had taken care of all participants with nice Tiffin and snacks besides arranging free treatment .The camp ended with Dr.Bhojraj acknowledging the efforts of Mr & Mrs Mehta by taking interest and making nice arrangements for organizing /conducting the event.

Overall it was a nice gathering. Kudos to Mr & Mrs Mehta.

