



ACUPRESSURE ANNUAL MEET & GRADUATION CEREMONY – A REPORT

Mr. JACOB MATHEW Mobile No. 9902728492

DATE: 6th March 2011

VENUE: Institute of World Culture, Basavanagudi , Bangalore, India

TIME: 0930 – 1330 Hrs

ORGANISER: DR.H.BHOJRAJ, MD (ACU)

The Acupressure club conducted its Annual meeting on 6th March 2011 in the Institute of World Culture, Basavanagudi with a workshop on acupressure by Dr. H. Bhojraj, Founder of Acupressure Club. More than 50 people participated in the practical course. Single point solutions for many common ailments and practical on body balancing to overcome pain were taught in the first session. The course Director also insisted on regular exercise, pranayama, diet, acupressure and meditation to stay healthy. The course participants expressed their satisfaction of attending such a useful course and got many clues to solve their own problems.

After the course the Graduation Ceremony was held for those who studied advanced Acupuncture course from Dr. H. Bhojraj. Mr. Suresh Palayam, Research coordinator welcomed the gathering and the annual report was read by Mr. Jacob Mathew. Then the course certificates were awarded by the Chief Guest Dr. S. Pal, Distinguished Scientist from ISRO.

Mrs. Yogini Mehta, Mrs. Usha Rani, Mrs. Gayathri Devi, Mrs. Subashini, Mrs. Shwetha, Mrs. Asharaj and Mrs. Vaishnavi received their certificates in person. Mrs. Jija Subramanian who also passed with distinction could not attend the graduation ceremony.

Dr. Surendra Pal in his address, recalled the seminar given by Dr. JitenBhat in 1992 and praised Dr. Bhojraj for taking his advice seriously. He also praised the graduates who got the certificates from the club for their success in propagating these simple techniques to the common man. He explained his personal experience with yoga and acupressure which have given relief for many common ailments.

Dr. H.Bhojraj, Course Director in his address congratulated all the successful graduates and asked them to spread this healing technique to everyone in India. He also mentioned that Acupressure club will be completing 20 years in 2012 and the club is planning to celebrate in 2012 with a National Seminar in Acupuncture.

Mr. Natesha Murthy proposed vote of thanks and thanked all those who have contributed for the success of this Graduation Ceremony and Acupressure Workshop.

ANNUAL MEET - PHOTOS



